

REGULAR BOX

For fourteen years, Angel Food has provided balanced nutrition and variety through its regular box, with enough food to feed a family of four for a week.

- 1.5 lb. Ribeye Steaks (4 x 6 oz.)
- 4.5 lb. (Avg) Split Chicken Breast Family Tray Pack
- 26 oz. Heat and Serve Meatloaf and Brown Gravy
- 1 lb. Chicken Breast Fajita Strips
- 1 lb. Boneless Center-Cut Pork Chops (4 x 4 oz.)
- 1 lb. Fully Cooked Meatballs
- 1 lb. All Meat Hot Dogs
- 1 lb. Frozen Sliced Carrots
- 1 lb. California Blend Vegetables
- 1 lb. Pasta
- 28 oz. Marinara Sauce
- 48 oz. Hawaiian Punch
- 32 oz. Borden 2% Reduced Fat Shelf Stable Milk
- 12 ct. Corn Tortillas
- One Dozen Eggs
- One Dessert Item

\$30.00

SENIOR BOX

Ten perfectly seasoned, nutritionally balanced, fully-cooked meals -- just heat and serve. Each meal has been developed with dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

BBQ Chicken; Slow roasted chicken diced and served with Western Flavor BBQ Sauce. Served with southern-style Black Eyed Peas and Collard Greens and Cinnamon Apple sauce.

Meatloaf with Brown Herb Gravy; Traditional Meatloaf topped with Herb seasoned Brown Gravy, served with Sweet Potatoes with brown sugar & maple, green peas, mushrooms and green beans.

Sweet 'n Sour Chicken; Slow cooked chicken chunks served in a sweet 'n sour sauce over steamed Rice with Steamed Broccoli, Mushrooms and Wax Beans.

Meat Patties with Country Style Gravy and Onions; Lightly Floured and Seasoned and served with a rich Brown Gravy and Onion. Creamy Mashed Potatoes, Steamed Broccoli with a sprinkling of Cheese along accompanied by Diced Beets.

Spaghetti with Meat Sauce; Spaghetti Noodles served with a rich traditional Italian Meat Sauce. Seasoned Italian Green Beans, Diced Pears and an Oatmeal Cookie.

Salisbury Steak with Brown Mushroom Gravy; Traditional Salisbury Steak Patties with Brown Mushroom Gravy; Mashed Potatoes, Peas and Carrots and diced Pineapple.

Thyme Baked Chicken; Slow cooked chicken chunks served in a savory Thyme Sauce with Parsley Potatoes, Three Bean Salad and Diced Peaches.

Creole Baked White Fish; Delicate White Fish baked with a Creole Sauce served with Red Beans and Rice, Creamed Spinach, and a Chocolate Chip Cookie.

Chicken Curry With Vegetables; Cooked tender chicken with Cut Green beans and Yellow Corn over Seasoned Onion Broth Rice with Broccoli Oriental Vegetables and Diced Pears.

Ground Beef Stroganoff; Tender Ground Beef in a rich Stroganoff Cream Sauce served over Parsley Egg Noodles, Green Beans and Onions, with Fruit Cocktail.

\$28.00

*****One or More Specials Below Available Only with the Purchase of Either of the Boxes Above*****

OCTOBER SPECIAL #1

- 7 lb. Grill Box \$21.00**
- 2 lb Top Sirloin Strips (4 x 8 oz.)
- 2 lb Baby Back Ribs
- 1.5 lb Hamburger Patties (4 x 6 oz.)
- 1.5 lb Pork Chops (4 x 6 oz.)

OCTOBER SPECIAL #2

- 4.5 lb. Meat and Chicken Combo \$21.00**
- 1.5 lb. Ribeye Steaks (2 x 12 oz.)
- 1.5 lb. New York Strip Steaks (2 x 12 oz.)
- 1.5 lb. Bacon-Wrapped Chicken Filets (4 x 6 oz.)

OCTOBER SPECIAL #3

- 3.75 lb. T-Bone Special \$21.00**
- 3.75 lb. T-Bone Steaks (5 x 12 oz.)

OCTOBER SPECIAL #4

- 10 lb. Chicken Tender Box \$18.00**
- 10 lb. Breaded Chicken Tenders

OCTOBER SPECIAL #5

- Fresh Fruit and Veggie Box \$21.00**
- 1 head New York State Green Cabbage
- 1 head California Iceberg Lettuce (Cello wrapped)
- 1 bunch California Broccoli
- 2 lb. Medium-Large Idaho/East Oregon Yellow Onions
- 5 lb. New Crop Yukon Gold Potatoes
- 3 lb. North Carolina New Crop Red Apples
- 2 lb. Bag of California Fancy Lemons
- 1 Super Sweet Gold Pineapple
- 1 lb. Bag of California Peeled Baby Carrots

Orders Due: **(last day) Monday, October 13**
Distribution Day: **Saturday, October 25**

Angel Food Ministries Reserves the Right to Substitute Any of the Above Items Due to Availability, Cost and Quality
We Accept Food Stamps (EBT).
Angel Food Ministries is an equal opportunity provider and employer. Complaints of discrimination should be sent to USDA, Director, Office of Civil Rights, Washington, DC 20250-9410

For more information:
Crossroads Church of God
 (517) 546-0722
 Church Website: www.crchog.org
 Email: angelfood@crchog.org
 Angel Food Website: www.angelfoodministries.com



October 2008 MENU

EVERYONE IS ELIGIBLE!

ORDER IN PERSON:

@ Crossroads Church of God, 3940 Pinckney Rd.
 Howell (corner of D-19 and Coon Lake Rd)

Saturday (11:00a-12:30a) September 27
 Mon-Thurs (4:00p-6:00p)..... Oct. 6-9
 Saturday (10:00a-12:00p) Oct. 11
Monday (last day) (4:30p-6:30p) Oct. 13

Food stamp orders must be made in person.

ORDER BY MAIL:

- Complete the Order Form at the bottom of this page. Do NOT detach at dotted line. We need the entire sheet back.
- Mail entire sheet with money order and a Self-Addressed Stamped Envelope to:

Crossroads Church of God

Attn: Angel Food Ministries

3940 Pinckney Rd. Howell, MI 48843

- **IMPORTANT:** Mail orders must be received no later than Monday, **October 13th** to be processed. If you are not sure your order will arrive in time, it is best to order in person.

PICK UP FOOD:

@ Crossroads Church of God
 3940 Pinckney Rd., Howell, MI 48843
 The corner of D-19 and Coon Lk. Rd.

Saturday, Oct. 25th
(11:00am-12:30pm)

- Bring PAID RECEIPT to pick up food.
- Bring 1 large box for each Basic Unit ordered.
- Food not picked up by 12:30 pm will be donated.

Sorry, no phone orders or refunds.

<p><i>(This space for official use only)</i></p> <p>Order # _____ Angel Food Ministries reserves the right to substitute food items due to availability, quantity, and cost.</p>	<p>Please Note:</p> <p>** Specials cannot be purchased separately. They must be purchased with at least one Basic Box (\$30.00 + Special Price)</p>	<p style="text-align: center;">CUSTOMER RECEIPT: OCTOBER 2008</p> <p>NAME _____</p> <p>_____ Basic Unit (\$30.00) _____ Sp. #1 (\$21.00) _____ Sp. #2 (\$21.00) _____ Sp. #3 (\$21.00) _____ Sp. #4 (\$18.00) _____ Sp. #5 (\$21.00) _____ Senior Unit (\$28.00)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px auto; width: 80%;"> <p style="text-align: center;">RECORD OF CUSTOMER DONATIONS (in addition to order)</p> <p style="text-align: center;">_____ Box @ \$30 each = \$ _____</p> <p style="text-align: center;">"Add-a-Buck" = \$ _____</p> </div> <p style="text-align: center;">\$ _____ PLUS \$ _____</p> <p style="text-align: center;">TOTAL COST Amount due at time of ordering TOTAL DONATIONS</p>
<p>Customers: Please fill out the Order Form below</p>		

Angel Food Representative cut apart here.

OCTOBER 2008 ORDER FORM

NAME: _____

Address _____

City _____ Zip Code _____

Phone # _____

Email _____

I attend (check one):
 _____ Crossroads _____ Other Church _____ Don't Attend

How did you hear about Angel food Ministries?

Give top portion to customer for a receipt.

ITEM	QTY	@	PRICE	=	SUBTOTAL
Basic Unit (Box)		@	\$30.00	=	\$.00
Special #1		@	\$21.00	=	\$.00
Special #2		@	\$21.00	=	\$.00
Special #3		@	\$21.00	=	\$.00
Special #4		@	\$18.00	=	\$.00
Special #5		@	\$21.00	=	\$.00
Senior Unit (Box)		@	\$28.00	=	\$.00
BOX DONATION		@	\$30.00	=	\$.00
<i>Help buy food for families in need: "ADD A BUCK"</i>					\$.00
Angel Food Rep Initial in Here			Grand Total:		\$.00
Order # _____					

I am purchasing Angel Food with: (circle one)

Cash Money Order Food Stamps

(Food stamp/bridge card orders must be placed in person at designated times above.)